FIELDWORK CHECKLIST

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Toiletries
Toothbrush (es)
Toothpaste
Soap & lockable soap dish
Shower cloth
Wet wipes
Tissues
Suncream
Lip balm with SPF
Talc powder
Menstrual hygiene
products
Skincare products
Haircare products
Comb
Perfume/ deodorant

Essentials	Clothing
Water bottles	Long-sleeved shirts &
Small sewing kit	trousers
Offline and physical maps	Daytime clothes
Penknife/multi-tool	Nighttime clothes
Ziplock bags	Scarf
Day pack/bag	Innerwear
Quick-dry towel/	Belt
absorbent leso	Reflector jackets
Sunhat	Socks
Sunglasses	Data & Documents
Fieldwork appropriate	File with printouts
clothing	Letters of Introduction
Appropriate footwear	Petty cashbook
Flip-flops/sandals	Job ID card
	Notebook, pens & pencil
Electronics	Notebook, pens & pencil Medicine & First Aid
Electronics Chargers and connectors	
	Medicine & First Aid
Chargers and connectors	Medicine & First Aid Painkillers
Chargers and connectors Adapters	Medicine & First Aid Painkillers Plasters & Bandages
Chargers and connectors Adapters Batteries	Medicine & First Aid Painkillers Plasters & Bandages Sterile dressings
Chargers and connectors Adapters Batteries Extension cable	Medicine & First Aid Painkillers Plasters & Bandages Sterile dressings Safety pins
Chargers and connectors Adapters Batteries Extension cable Power bank	Medicine & First Aid Painkillers Plasters & Bandages Sterile dressings Safety pins Antiseptic
Chargers and connectors Adapters Batteries Extension cable Power bank USB stick	Medicine & First Aid Painkillers Plasters & Bandages Sterile dressings Safety pins Antiseptic Scissors
Chargers and connectors Adapters Batteries Extension cable Power bank USB stick Laptop and/or a tablet	Medicine & First Aid Painkillers Plasters & Bandages Sterile dressings Safety pins Antiseptic Scissors Duct tape
Chargers and connectors Adapters Batteries Extension cable Power bank USB stick Laptop and/or a tablet Mobile phone/	Medicine & First Aid Painkillers Plasters & Bandages Sterile dressings Safety pins Antiseptic Scissors Duct tape Miscellaneous
Chargers and connectors Adapters Batteries Extension cable Power bank USB stick Laptop and/or a tablet Mobile phone/ Satellite phone	Medicine & First Aid Painkillers Plasters & Bandages Sterile dressings Safety pins Antiseptic Scissors Duct tape Miscellaneous Dry bag/ waterproof bag

Watch

Superglue

Traffic sign/traffic cone

Earphones/ headphones